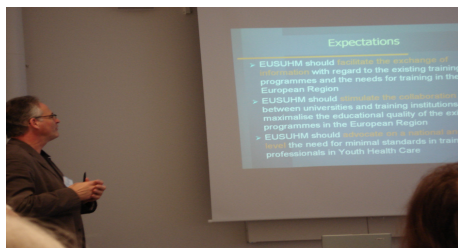




## NEWS FROM THE EXECUTIVE COMMITTEE

Karel Hoppenbrouwers



My presidency of EUSUHM, that has started in September 2003 in Ljubljana, will come to end this September 2009 in Leiden. During these six years, I had the honour and pleasure to collaborate with a very dedicated and motivated Executive Committee. I would like to thank Kari Pylkkänen, Marina Kuzman, Mojca Juricic, Helmut Hoffmann, Roger Harrington, Susanne Stronski, Bettina Langenbruch and Ilpo Lahti as full members, and Simon Tamas, Vladislav Kuchma and Frans Pijpers as invited members, for their friendship and sustained and stimulating involvement in EC activities, aiming at



Karel Hoppenbrouwers

strengthening and supporting school and university health care in Europe.

Since September 2003 we welcomed several new members in our organization.

Professional societies from Switzerland, Norway, Russia, Estonia, and three organizations from the UK applied for membership and were warmly welcomed in EUSUHM.

Thanks to very dedicated and enthusiastic Croatian and Finnish organizing committees, we had exciting biennial EUSUHM congresses in Dubrovnik (2005) and Tampere (2007). The joint Dutch-Flemish organizing committee has been doing the impossible to carry on this tradition and offer you an interesting congress in Leiden (2009), meeting the scientific standards of the former congresses.

In between congresses, several actions were undertaken to strengthen the school and university health care in our European countries. A common guideline on the prevention of overweight and obesity in childhood has been issued, and in several workshops (during and in between the biennial EUSUHM congresses) we shared our concerns about the breakdown of training programmes for professionals in school and university health care in several member countries, and looked for ways to get European recognition for this.

This EC actively looked for collaboration with other international professional organizations, which resulted in a first joint IAAH-EUSUHM meeting in the framework of the European IAAH symposium in Portoroz (Slovenia) in 2008. EUSUHM, for her part, invited IAAH to a joint meeting in Leiden.

In 2003, this EC had many plans aiming to strengthen EUSUHM in its role of professional platform for its member organizations. Six years later, several objectives have been met. However, a lot has yet to be done. The strength of an organization largely depends on the active involvement of its members. Therefore, I strongly invite all member organizations to support the new president and its EC actively, and strive together for a strong and high quality Youth Health Care in Europe.

## HISTORY AND AIMS OF EUSUHM

Mojca Juricic

EUSUHM was founded in 1981. In this year the 15<sup>th</sup> Congress is going to be in Leiden in the Netherlands, where was also the first Congress, in Amsterdam. In between the Congresses were twice in Croatia, in Dubrovnik (1983 and 2005), twice also in Hungary, in Budapest (1985 and 2001) and twice in Finland, once in Turku (1991) and the second time in Tampere in 2007. In 1987 the Congress has been held in Prague (Czechoslovakia), in 1989 in Paris (France), in 1993 in Leipzig (Germany), in 1995 in York (UK), in 1997 in Leuven (Belgium-Flanders), in 1999 in Trondheim (Norway) and in 2003 in Ljubljana (Slovenia).

EUSUHM follows the philosophy as is written in the Statutes.

In Chapter 1 of the EUSUHM Statutes it is written that the European Union for School and University Health and Medicine is a completely independent organization, with no political, religious or ethnic commitments, and the seat of the association is established in Utrecht, Holland and can be relocated by a decision of the General Assembly.

The aims of EUSUHM are defined in a second chapter:

- to foster and encourage population-based health care for children and young people in all European countries with the emphasis on the relevant setting related to their stage of life (e.g. daycare canters, kindergartens, schools, universities);
- to foster and encourage the development and improvement of health services in these settings;
- to keep member associations and individual members informed regarding the current demands and changing pattern of preschool, school and student health care in the different countries;
- to support and harmonize the development and maintenance of specific medical training in school health, respecting the rights and needs of individual countries to create, continue and develop nationally relevant training programmes.



In Chapter four is written how to realize the aims: by organizing congresses, symposia and other professional meetings at times decided by the Executive Committee; publishing a bulletin with information regarding the aims of the Union and a resume of scientific papers; with co-operation with other national and international associations dealing with child, pupil and student health care; by taking the initiative in organizing and coordinating research in preschool, school and student health care.

To achieve aims written in the Statutes, the dedicated people are necessary.

#### Honorary members of EUSUHM:

Sven Ivar Rollof (Sweden),  
Laurence Fradkene (France),  
Aleksandra Novak Reis (Yugoslavia)  
Jacqueline Bande Knops (Belgium)  
Klara Merelei (Hungary)  
John Smart (UK)  
Juhani Peräsalo (Finland)  
Enny Verhagen Flieringa (Switzerland)  
Živka Prebeg (Croatia)  
Genny Lane (UK)

#### EUSUHM presidents:

1979-1983: S.I. Rollof (Sweden)  
1983-1987: J. Bande Knops (Belgium)  
1987-1991: A. Gunn (UK)  
1991-1995: J. Peräsalo (Finland)  
1995-2003: J. Meulmeester (Netherlands)  
2003-2009: K. Hoppenbrouwers (Belgium)



#### IN MEMORIAM

We received the sad message that our former Secretary-General, Enny Verhagen-Flieringa, passed away on 18 August 2009. Enny was 83 years old.

We remember Enny as an extremely active Secretary-General for many years, and very dedicated to the school and university health care in The Netherlands and Europe. We thank her very much for the energy and time she has spent in EUSUHM.



#### COMPETITION "BEST HEALTHCARE OFFICE AT SCHOOLS"

Kädi Lepp, Chair of the Board

Foundation for Healthcare at Tallinn Schools

In April and May 2009 The Foundation for Healthcare at Tallinn Schools in collaboration with the city government of Tallinn and Tallinn Health College evaluated healthcare offices at all Tallinn schools (together 82 schools with 42665 students). The aim of the competition was to raise the quality of healthcare service at schools; recognize the good work of school healthcare personnel and school personnel whose initiation and support has granted the requirements-met and child-friendly healthcare offices; enhance the collaboration between healthcare and educational sectors.

For the evaluation of the offices a jury was formed of regional health promotion specialists, 2<sup>nd</sup> year students of Tallinn Medical College and board members of The Foundation for Healthcare at Tallinn Schools. The criteria for evaluation and general rules of the competition were sent to all schools and their healthcare offices at the beginning of the school-year of 2008/2009. During the evaluation the jury assessed the general interior, the compliance to developed requirements and the existence and use of correct equipment at a school healthcare office. Also a survey was carried out among the pupils of all schools in younger and older age-groups in order to evaluate the satisfaction with and child-friendliness of school healthcare service. As a result of the survey and the inspection of offices, 6 best regional healthcare offices were selected and declared and they were awarded with a certificate and a trophy.

According to the jury almost all healthcare offices met the previously developed requirements. As the result of the survey it appeared that often the expectations of a pupil do not coincide with the essence of school healthcare service. The evaluation proved a positive change in the quality of work of school nurses and doctors according to the change of school healthcare system. More effort is currently put in prevention and risk-assessment of disease than in treating. Very many students stated that their school nurse

and doctor are always caring and friendly towards students and that they trust their school medical personnel.



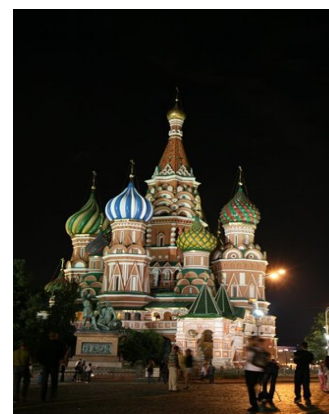
The criteria for the evaluation of school healthcare offices

1. General requirements: location of the office, communicational facilities, furniture;
2. Specific facilities for providing school healthcare services: first-aid devices, medical equipment, informational material;
3. child-friendliness: security and well-being of a patient, satisfaction with the service;
4. general appearance of the office: interior, decoration, general order and cleanliness.



#### NEXT 16th EUSUHM CONGRESS

will be in 2011  
in Moscow, Russia





IAAH World Congress

**Adolescent Sexual Health: Public Issues, Private Lives**

Kuala Lumpur, 28 - 30 October 2009

EUPHA 2009 Conference

**An independent scientific and professional  
Voice for Public Health in Europe**

Lodz, Poland, 25 to 28 November 2009

EUPHA 2010 Conference

The main theme of the conference is:

**Integrated public health.**

Amsterdam, 10 to 13 November 2010

*Please, send us report of researches, activities or  
announcements for next EUSUHM Newsletter*

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