



# YOUTH HEALTH CARE - NURSES

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## NURSES IN YOUTH HEALTH CARE: COMPETENCIES AND PROFESSIONAL PROFILE

"Sometimes I feel the company would collapse if we weren't here."

# YOUTH HEALTH CARE IN THE NETHERLANDS BY DUTCH LAW (1/2)

## Universal care

- Every newborn baby: visited by a screener
- Two weeks old: visit from the Youth Health Care - nurse
- Before age of 4: parents can visit the health centre 10 to 14 times
- 4-18 years old: primary school 2 contacts  
secondary school 2 contacts
- Evidence based interventions are available

# YOUTH HEALTH CARE IN THE NETHERLANDS BY DUTCH LAW (1/2)

## Personal care based on municipal policy

- YHC is a part of the Civil Society
- YHC works together with different professionals within Civil Society and health care
- Evidence based interventions are available
- One person, one family, one plan
- Coordination of care

# PROFESSIONALS NETHERLANDS

- Youth Health Care - nurse
- Nurse Practitioner
- Youth Health Care - doctor
- Screening assistant

# YOUTH HEALTH CARE IN FLANDERS

## BELGIUM

Youth Health Care	Ministry	Professionals	Tools
0-3 years: <b>K&amp;G</b> : Child and family care	Public Health	Nurse/midwife Youth Health Care doctor Volunteer	Evidence based guidelines and interventions are available
3-18 years: <b>CLB</b> : schoolcare	Education	Paramedic worker/Nurse Youth Health Care doctor Multidisciplinary team	Evidence based guidelines are available

# YOUTH HEALTH CARE IN FLANDERS

## BELGIUM

Difference between Flanders and Wallonië

YHC realised by two different organisations: universal and personal care

### **K&G**

- During pregnancy contact in specific situations
- Every newborn baby is visited by a nurse/midwife
- Until the age of 3 parents can visit the health centre 10 times, at least 2 home-visits

### **CLB**

- 7 contacts between 4 – 15 years
- Contact is obligatory

MACHTELD HUBER

“HEALTH AS THE ABILITY TO ADAPT AND  
TO SELF MANAGE, IN THE FACE OF  
SOCIAL, PHYSICAL AND EMOTIONAL  
CHALLENGES”



# THE EXPERT; YOUTH HEALTH CARE - NURSE



## Profiel van de Jeugdverpleegkundige



## First initiative

Auteurs:  
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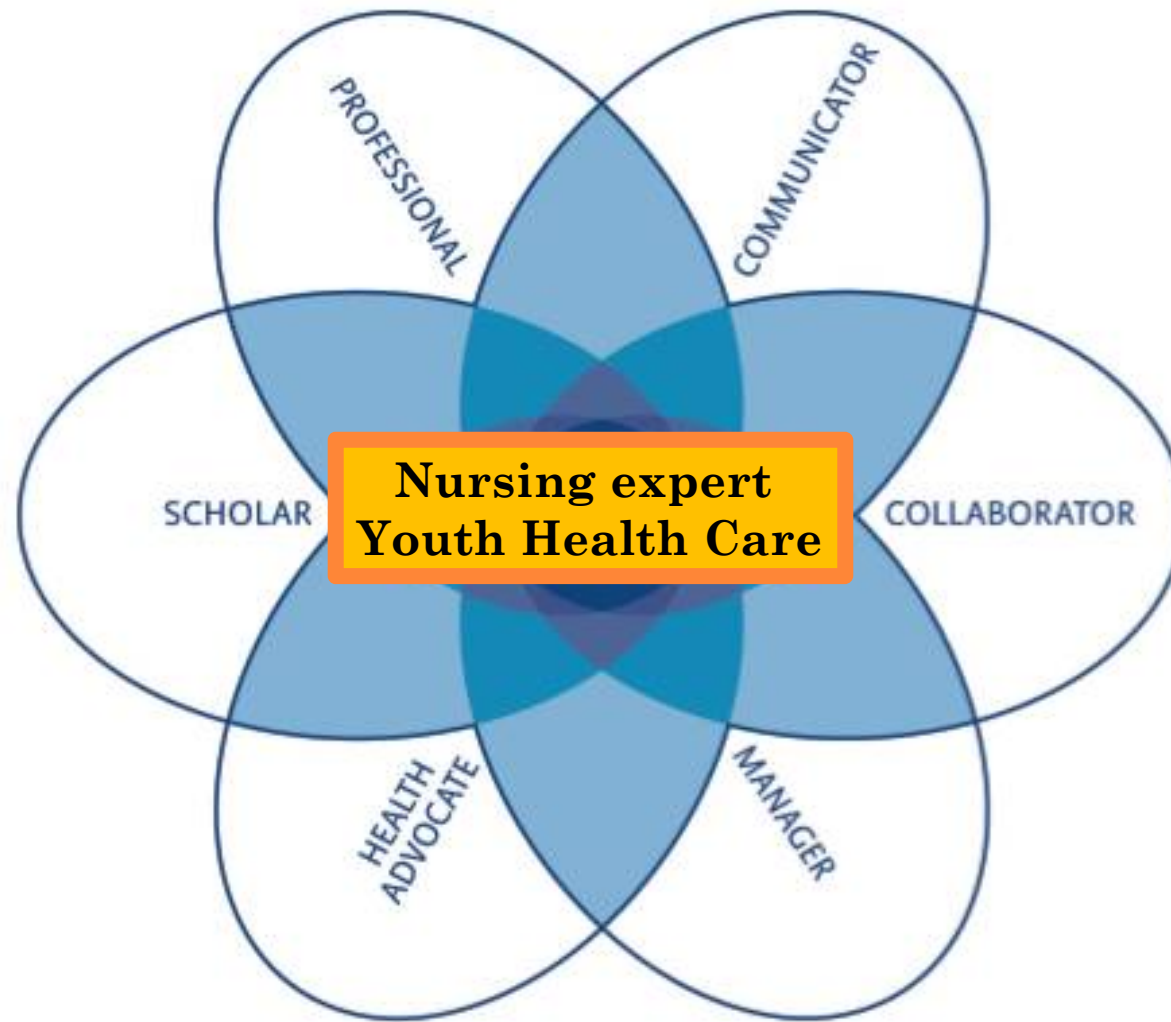
## Met de medewerking van:

Van Gellecom, Anne Geynders, Jules Geynders, Rita Geynders, Anne  
Guldentops, Yolande Maes, Anja Nelen, Greet Sabbe, Fabienne Thuyssers,  
Nina Vassenaers, Hanne Van Helden

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## YOUTH HEALTH CARE - NURSES ....

- are independent professionals with a range of collaborating partners in basic care
- are flexible and creative
- organise prevention in a broad perspective
- know and interpretate needs of parents and children
- operate in a rapidly developing society and profession
- are theoretical based
- know a diversity of health topics



THE  
CANMEDS  
ROLES FRAMEWORK

# EDUCATION

## The Netherlands

- High school 5 years
- Bachelor degree (4 years) in nursing; 2016 the nursing school program based on Canmeds starts
- Post-bachelor education 1 year
- Master Nurse (N=25)
- Master of Science



## Flanders Belgium

- Paramedic worker **Not only nurse?** indicates possible
- Bachelor degree nurses ( 3 years)
- Canmeds in nursing school program
- No specific Youth Health Care - nurse education program
- Master of Science



# ASSOCIATION OF YHC - NURSES

- Verpleegkundigen en Verzorgenden Nederland (V&VN), afdeling M&G



- Vlaamse Wetenschappelijke Vereniging voor Jeugdgezondheidszorg



## CONTRIBUTIONS

- Estonia: Eve Karumaa - Tiina Tõemets  
School nurse promoting students' mental health
- Sweden/ Estonia: Ann-Louise Rubin – Inga Raudsepp – Kädi Lepp  
Evaluation tool in school health care practice

# DISCUSSION





# PROFESSIONAL TRAINING (EDUCATION) FOR YHC - NURSES

- Are the YHC - nurses in your country graduated as bachelor, master, post-bachelor, other...?
- Is the CanMeds framework used to describe the competencies of a YHC - nurse?
- How to maintain and enhance the quality level of the YHC - nurse?

## Discussion

What is the minimum level of education of Youth  
Health Care - nurse

Level of communication, thinking, analyzing.....



# ORGANIZATION

- How is the Youth/School Health Care for children and adolescents organized in your country?
- Is there any legislative/statutory framework for basic activities of YHC?
- Which professionals are involved in performing and in partnership/collaboration?
- Give a brief overview of the most important contribution/tasks and responsibilities of the YHC - nurse?

## Discussion

What is the specific value of the Youth Health Care - nurse among other professionals?

# ASSOCIATION OF YHC - NURSES

- Do you have a national or regional association of YHC - nurses in your country?
- Which advantages for the YHC - nurses do you see in being organized? Micro-, meso- and macrolevel?

## Discussion

How to position and professionalize the profession?

## CONCLUSION

How can we reinforce each other? How can we exchange experiences?

Suggestions for:

- Professional training
- The YHC nurse versus other professionals
- Association of YHC nurses