

MIXED DISORDER OF CONDUCT AND EMOTIONS

School doctor vs. Psychiatric treatment

Case report

Jelena Burazin, MD

school medicine specialist

Institute of Public Health for the Osijek-Baranya County, Croatia

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ADVISORY CENTRE

A 13-year old boy and his adoptive mother visit a school doctor seeking help before he fails 6th grade for a second time and before Social Services takes him to foster home

ANAMNESIS

- ❖ Biological mother has epilepsy
- ❖ Biological father is an alcoholic, physically violent towards mother
- ❖ At the age of 7 he and his younger brother and sister were taken from his biological parents and he spent 4 years in different foster families where he began to express behavioral problems (2006)
- ❖ At the age of 10 he was adopted, separately from brother and sister (2010)

PROBLEM

- ❖ Adoptive mother: highly educated, elderly spinster, has no biological children, emotionally warm, high demands and expectations regarding school accomplishment
- ❖ Child: money thefts in foster families, disobedient, disrespectful
- ❖ Adaptation in the new family: disobedient, verbally and physically aggressive towards mother, destructive towards material possessions in the household, refuses to study and/or to attend school

PREVIOUS TREATMENTS

- ❖ 3/2011 child psychiatrist: sedatives (diazepam)
- ❖ 5/2011 psychological support in different advisory centres
- ❖ 4/2012 three-week observation by multidisciplinary team of Social Service: psychiatrist, psychologist, defectologist, social pedagogue
- ❖ 9/2012 second child psychiatrist: mixed disorder of conduct and emotions and computer games addiction
- ❖ 11/2012 hospitalization: antidepressants (fluvoxamine)
- ❖ 11/2012 school doctor

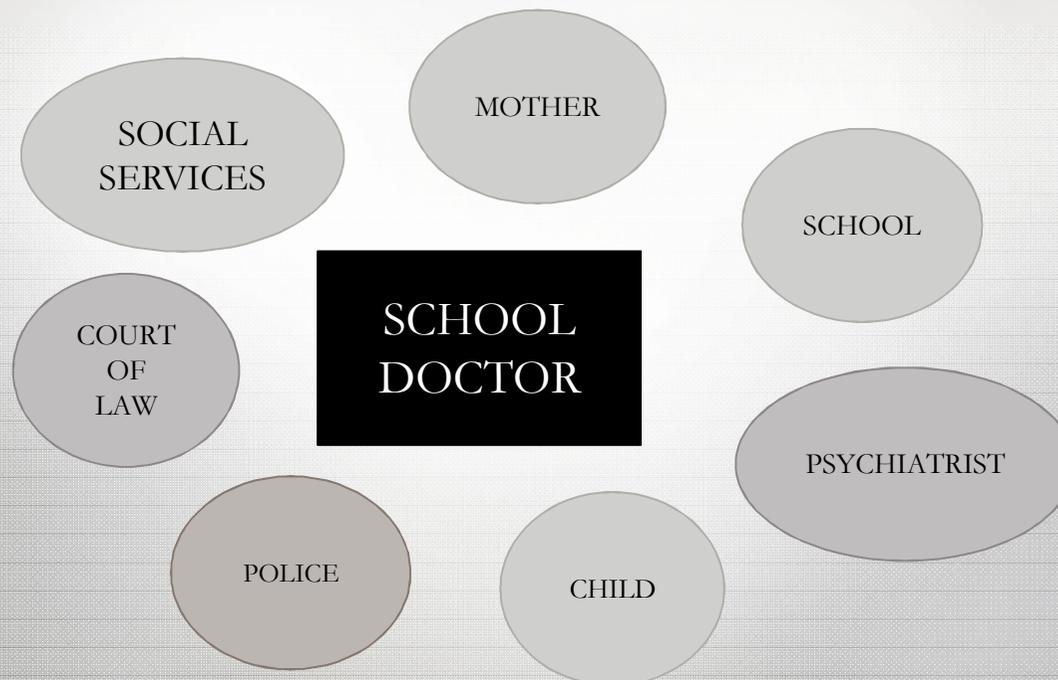
PREVIOUS TREATMENTS

- ❖ 12/2012. third psychiatrist: ADHD, bipolar disorder, disorder of habits and impulses; therapy: reboxetine and quetiapine
- ❖ 5/2013. same psychiatrist: ADHD, organic mood disorder, disorder of habits and impulses; therapy: reboxetine, olanzapine and valproate, and afterwards reboxetine, quetiapine and valproate
- ❖ Mother considers visiting the forth child psychiatrist

MAJOR PROBLEMS AND GOALS

- ❖ School non-attendance, unjustified hours of absence
- ❖ Individual examinations non-attendance
- ❖ Computer games up to 16 hours a day
- ❖ Mother was afraid of him and his reactions if she forbids computer
- ❖ Behavior: violent toward mother and material possessions
- ❖ Hygiene

UNDERTAKEN MEASURES



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- ❖ Individual approach in the school
- ❖ Support to the mother in being consistent regarding upbringing measures
- ❖ Psychiatric pharmacotherapy terminated 10/2013 at psychiatrist's recommendation
- ❖ Computer and mobile phone are locked in the school doctor's office

OUTCOMES

- ❖ Regular school attendance with maximum flexibility of the teachers regarding timing and the type of examinations, favoring oral
- ❖ Finishing primary school with grade C (good)
- ❖ Trains basketball 3 times a week
- ❖ Behavior: increasing self-control, but still manipulative
- ❖ No computer or mobile phone allowed
- ❖ Hygiene better, but still unsatisfactory
- ❖ Studying at home minimal

CONCLUSION

- ❖ 185 visits and phone consultations in 3 years
- ❖ Without pharmacotherapy
- ❖ Networking and coordination of all involved institutions
- ❖ Cooperation with the parent
- ❖ Collaboration with the school

REWARD

