

Preventive youth health care in the Netherlands: effective and unique

Time to exchange experiences

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Preventive Youth health care

□ Different colours in Europe



Results questionnaire Response



- ☐ 9 countries

 - ☐ Estonia
 - ☐ Slovenië
 - ☐ Spain
 - ☐ Switzerland
 - ☐ Hungary
 - ☐ (Republic of) Croatia
 - ☐ Finland
 - ☐ Belgium (Flanders)
 - ☐ Germany
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By whom (financially) facilitated?



By the national government	5
By the regional/local government	5

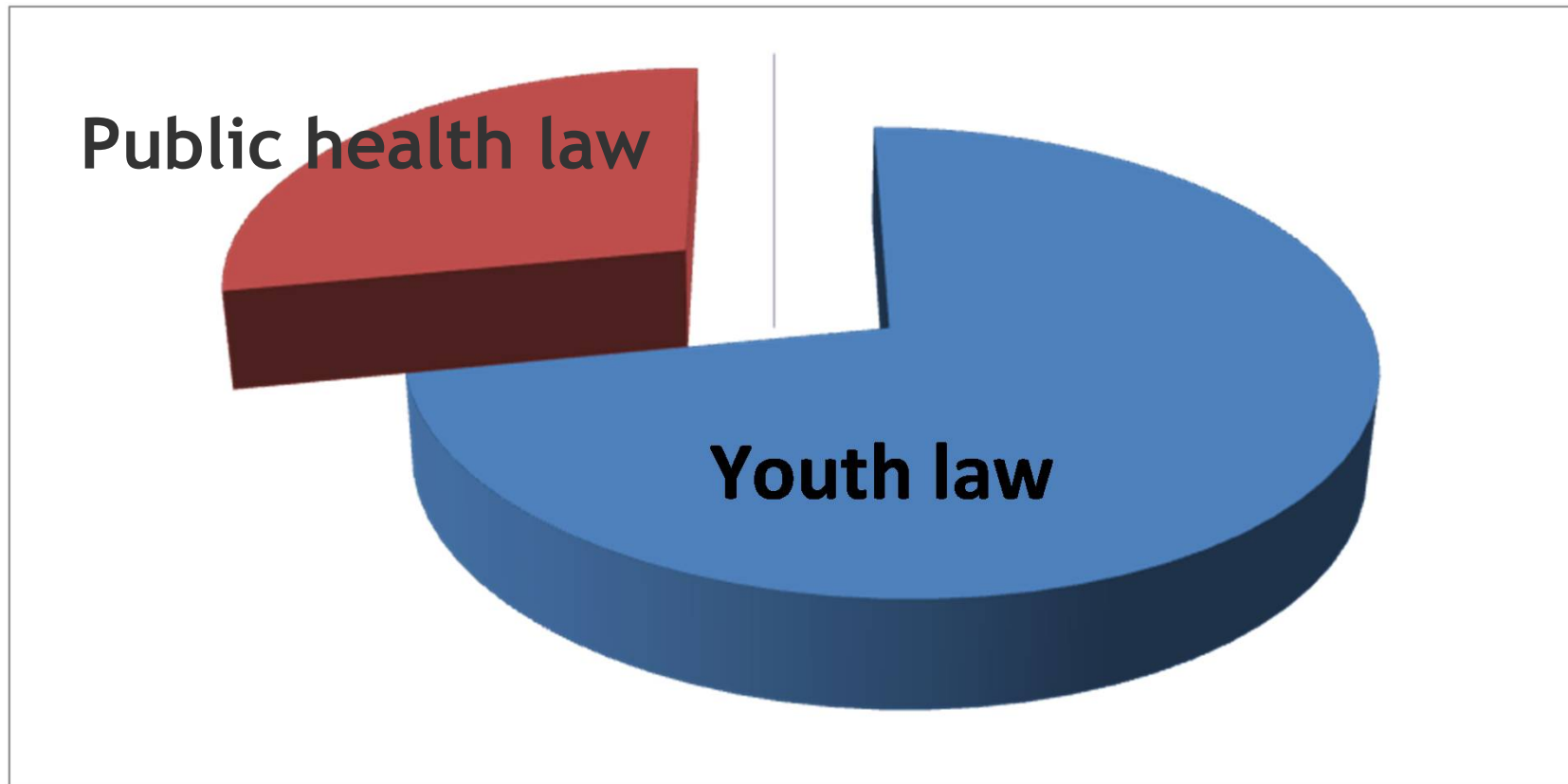
- Health insurance
- Depends on region. Totally heterogenous across country
- Private schools (not free of charge)

Professionals (mainly)

Specifically trained youth health care doctors	5
Specifically trained youth health care nurses	5
Physician assistants	0
General practitioners	4
Pediatricians	5
Educationist	1
Health visitor	1

- Multidisciplinary Orientation Equiment to the Scholar Community
- Less often combination nurse/ doctor

The Netherlands



Organisation

- ☐ 15 routine assessments
- ☐ 0-18 years, longitudinal care
- ☐ Specialized doctors and nurses, doctors assistants
- ☐ Individual care: immunization, screening, physical examination, giving advice and minor interventions

Cost-effectiveness (1)

- 2012: Kosteneffectiviteit van de jeugdgezondheidszorg. Actiz.
 - Mainly physical health.
 - Every euro invested in good youth health care, saves €11 for later costs of care.



Cost-effectiveness (2)

- 2013: Investeren in opvoeden en opgroeien loont. Actiz/GGD NL.
 - Mainly educational and psychological problems.
 - Every euro invested in preventive youth health care, three to fifty times.



Developments

- ☐ Collective care: i.e. school assistance
- ☐ Regional advice local government
- ☐ Regional collaboration
- ☐ Digital patient files
- ☐ Focus on 'self-help'
- ☐ Triage and shift of tasks



Describe in max five words



- ☐ Offered to everyone
- ☐ Availability, equity, high coverage
- ☐ Free of charge
- ☐ Paediatricians involved
- ☐ Competence
- ☐ Organization
- ☐ Some offers setting-based at schools

- ☐ Exclusively preventive
- ☐ Will allow early detection of risk factors
- ☐ Multidisciplinary setting
- ☐ Standardised basic preventive health care programme
- ☐ Combination of prevention and care
- ☐ Several models of Medicine and School Services Health

- ☐ To monitor growth and development and detect impairment and illness of children and adolescents as early as possible
- ☐ Screening, immunise, helping students with chronic diseases, health promotion, examinations of students for vocational training

MOCHA project

Models of Child Health Appraised



- ❑ Compare and appraise existing national models of primary care for children
- ❑ Bring multi-disciplinary and multi-stakeholder views and approaches, to *develop new, or improve on existing, approaches to prevention, primary care and treatment, and their integration into health services*

Questions?

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