

# Preventive youth health care in the Netherlands: effective and unique

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## Time to exchange experiences

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# Content

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- Introduction
- Results questionnaire
- The Netherlands
- Discussion

# Preventive Youth health care

- Different colours in Europe



# Results questionnaire Response

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- 9 countries
  
  - Estonia
  - Slovenië
  - Spain
  - Switzerland
  - Hungary
  - (Republic of) Croatia
  - Finland
  - Belgium (Flanders)
  - Germany
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# By whom (financially) facilitated?



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By the national government	<b>5</b>
By the regional/local government	<b>5</b>

- Health insurance
- Depends on region. Totally heterogenous across country
- Private schools (not free of charge)

# Professionals (mainly)

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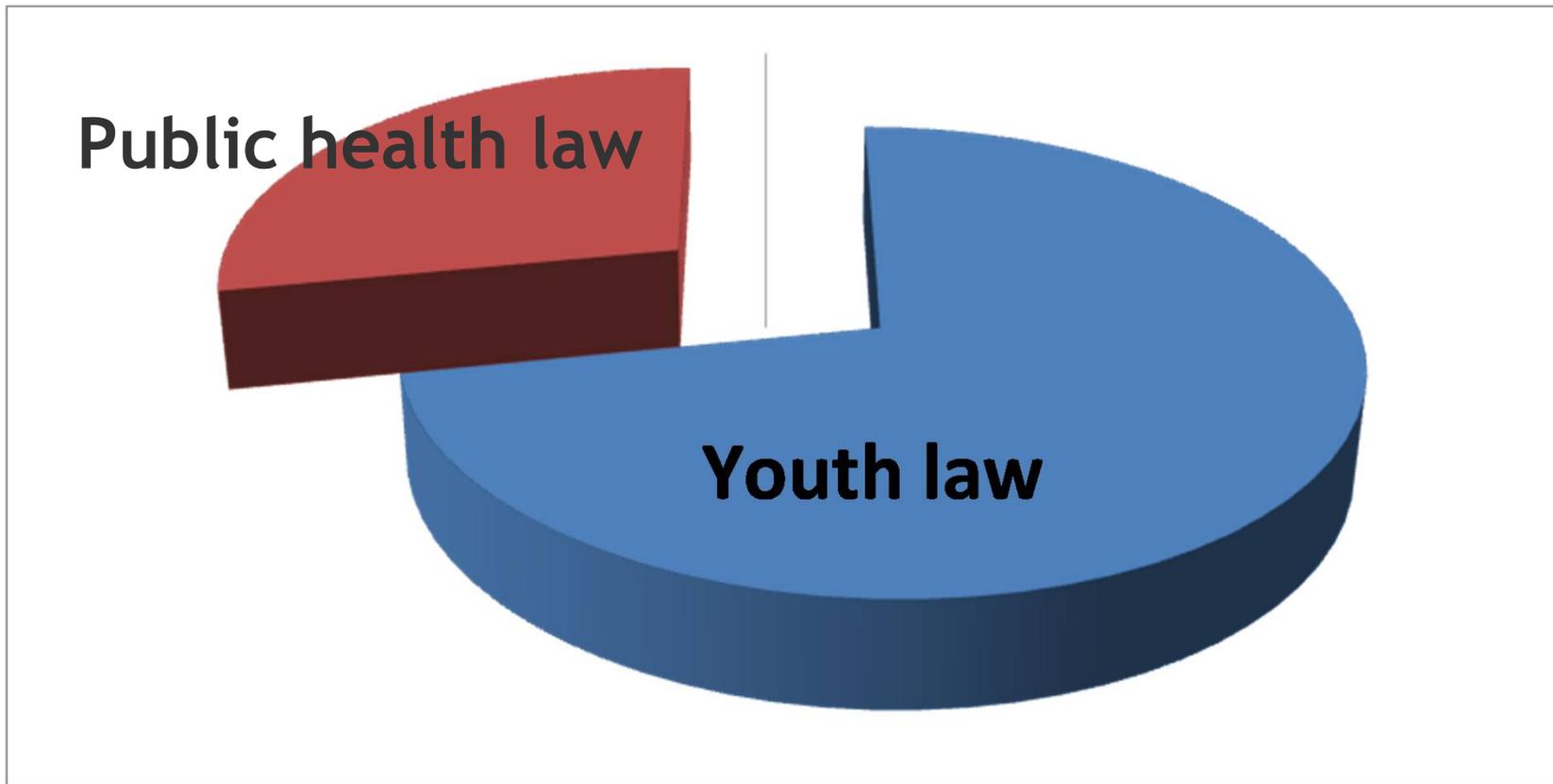


Specifically trained youth health care doctors	<b>5</b>
Specifically trained youth health care nurses	<b>5</b>
Physician assistants	<b>0</b>
General practitioners	<b>4</b>
Pediatricians	<b>5</b>
Educationist	<b>1</b>
Health visitor	<b>1</b>

- Multidisciplinary Orientation Equipment to the Scholar Community
- Less often combination nurse/ doctor

# The Netherlands

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# Organisation

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- 15 routine assessments
- 0-18 years, longitudinal care
- Specialized doctors and nurses, doctors assistants
- Individual care: immunization, screening, physical examination, giving advice and minor interventions

# Cost-effectiveness (1)

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- 2012: Kosteneffectiviteit van de jeugdgezondheidszorg. Actiz.
  - Mainly physical health.
  - Every euro invested in good youth health care, saves €11 for later costs of care.



# Cost-effectiveness (2)

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- 2013: Investeren in opvoeden en opgroeien loont. Actiz/GGD NL.
  - Mainly educational and psychological problems.
  - Every euro invested in preventive youth health care, three to fifty times.



# Developments

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- Collective care: i.e. school assistance
- Regional advice local government
- Regional collaboration
- Digital patient files
- Focus on 'self-help'
- Triage and shift of tasks



# Describe in max five words

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- Offered to everyone
- Availability, equity, high coverage
- Free of charge
- Paediatricians involved
- Competence
- Organization
- Some offers setting-based at schools

- Exclusively preventive
  - Will allow early detection of risk factors
  - Multidisciplinary setting
  - Standardised basic preventive health care programme
  - Combination of prevention and care
  - Several models of Medicine and School Services Health
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- To monitor growth and development and detect impairment and illness of children and adolescents as early as possible
- Screening, immunise, helping students with chronic diseases, health promotion, examinations of students for vocational training

# MOCHA project

## Models of Child Health Appraised

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- Compare and appraise existing national models of primary care for children
  - Bring multi-disciplinary and multi-stakeholder views and approaches, to *develop new, or improve on existing, approaches to prevention, primary care and treatment, and their integration into health services*
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# Questions?

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