

YOUTH HEALTH CARE - NURSES

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NURSES IN YOUTH HEALTH CARE: COMPETENCIES AND PROFESSIONAL PROFILE

"Sometimes I feel the company would collapse if we weren't here."

YOUTH HEALTH CARE IN THE NETHERLANDS BY DUTCH LAW (1/2)

Universal care

- Every newborn baby: visited by a screener
- Two weeks old: visit from the Youth Health Care - nurse
- Before age of 4: parents can visit the health centre 10 to 14 times
- 4-18 years old: primary school 2 contacts
secondary school 2 contacts
- Evidence based interventions are available

YOUTH HEALTH CARE IN THE NETHERLANDS BY DUTCH LAW (1/2)

Personal care based on municipal policy

- YHC is a part of the Civil Society
- YHC works together with different professionals within Civil Society and health care
- Evidence based interventions are available
- One person, one family, one plan
- Coordination of care

PROFESSIONALS NETHERLANDS

- Youth Health Care - nurse
- Nurse Practitioner
- Youth Health Care - doctor
- Screening assistant

YOUTH HEALTH CARE IN FLANDERS

BELGIUM

| Youth Health Care | Ministry | Professionals | Tools |
|--|---------------|--|---|
| 0-3 years: K&G: Child and family care | Public Health | Nurse/midwife Youth Health Care doctor Volunteer | Evidence based guidelines and interventions are available |
| 3-18 years: CLB: schoolcare | Education | Paramedic worker/Nurse Youth Health Care doctor Multidisciplinary team | Evidence based guidelines are available |

YOUTH HEALTH CARE IN FLANDERS

BELGIUM

Difference between Flanders and Wallonië

YHC realised by two different organisations: universal and personal care

K&G

- During pregnancy contact in specific situations
- Every newborn baby is visited by a nurse/midwife
- Until the age of 3 parents can visit the health centre 10 times, at least 2 home-visits

CLB

- 7 contacts between 4 – 15 years
- Contact is obligatory

MACHTELD HUBER

“HEALTH AS THE ABILITY TO ADAPT AND
TO SELF MANAGE, IN THE FACE OF
SOCIAL, PHYSICAL AND EMOTIONAL
CHALLENGES”

THE EXPERT; YOUTH HEALTH CARE - NURSE



Profiel van de Jeugdverpleegkundige



First initiative

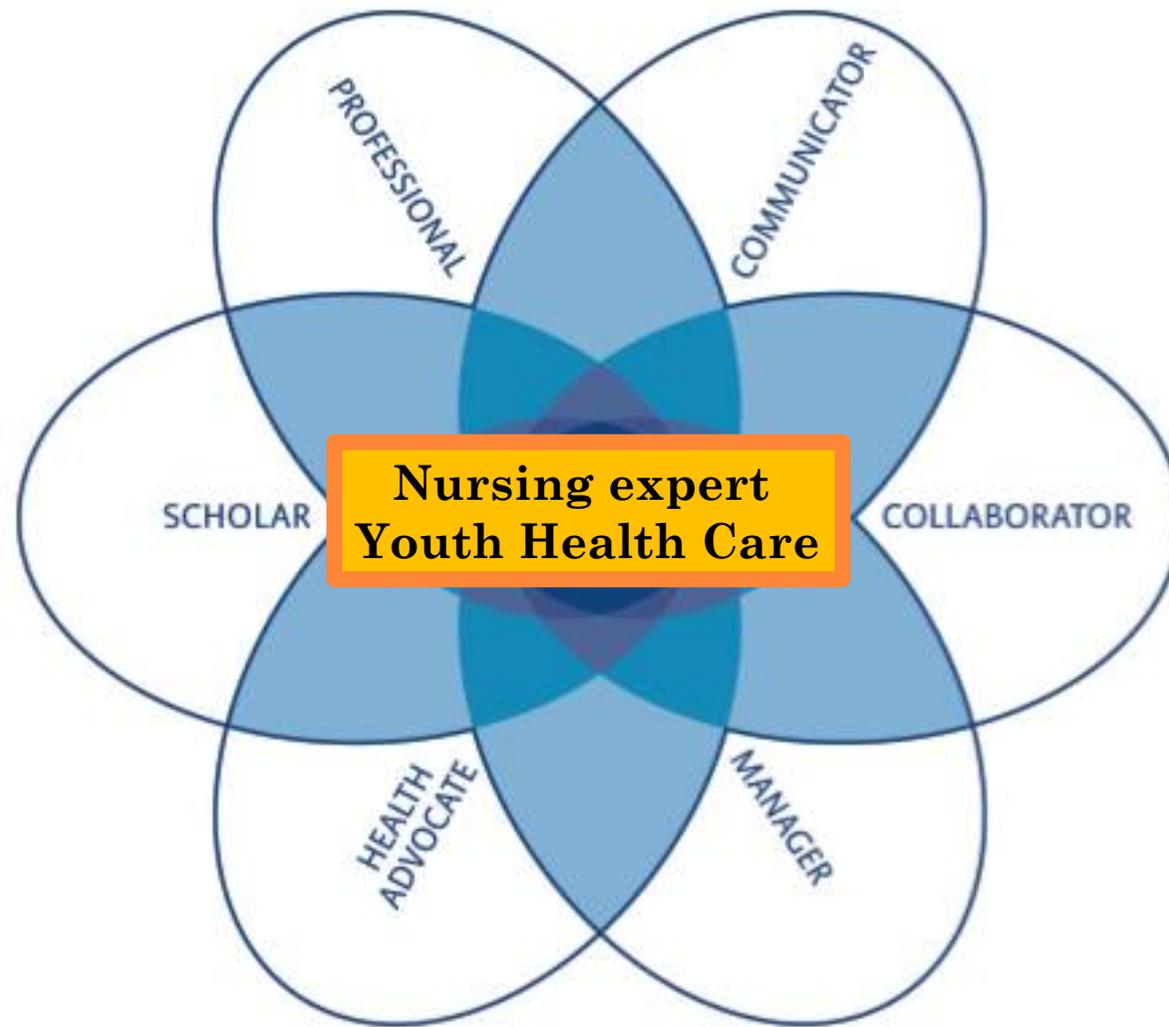
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YOUTH HEALTH CARE - NURSES

- are independent professionals with a range of collaborating partners in basic care
- are flexible and creative
- organise prevention in a broad perspective
- know and interpretate needs of parents and children
- operate in a rapidly developing society and profession
- are theoretical based
- know a diversity of health topics



THE
CANMEDS
ROLES FRAMEWORK

EDUCATION

The Netherlands

- High school 5 years
- Bachelor degree (4 years) in nursing; 2016 the nursing school program based on Canmeds starts
- Post-bachelor education 1 year
- Master Nurse  ner (N=25)
- Master of Science 

Flanders Belgium

- Paramedic worker **Not only nurse?** indicates possible
- Bachelor degree nurses (3 years)
- Canmeds in nursing school program
- No specific Youth Health Care - nurse education program
- Master of Science 

ASSOCIATION OF YHC - NURSES

- Verpleegkundigen en Verzorgenden Nederland (V&VN), afdeling M&G



- Vlaamse Wetenschappelijke Vereniging voor Jeugdgezondheidszorg



CONTRIBUTIONS

- Estonia: Eve Karumaa - Tiina Tõemets
School nurse promoting students` mental health
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Evaluation tool in school health care practice

DISCUSSION



PROFESSIONAL TRAINING (EDUCATION) FOR YHC - NURSES

- Are the YHC - nurses in your country graduated as bachelor, master, post-bachelor, other...?
- Is the CanMeds framework used to describe the competencies of a YHC - nurse?
- How to maintain and enhance the quality level of the YHC - nurse?

Discussion

What is the minimum level of education of Youth
Health Care - nurse

Level of communication, thinking, analyzing.....

ORGANIZATION

- How is the Youth/School Health Care for children and adolescents organized in your country?
- Is there any legislative/statutory framework for basic activities of YHC?
- Which professionals are involved in performing and in partnership/collaboration?
- Give a brief overview of the most important contribution/tasks and responsibilities of the YHC - nurse?

Discussion

What is the specific value of the Youth Health Care - nurse among other professionals?

ASSOCIATION OF YHC - NURSES

- Do you have a national or regional association of YHC - nurses in your country?
- Which advantages for the YHC - nurses do you see in being organized? Micro-, meso- and macrolevel?

Discussion

How to position and professionalize the profession?

CONCLUSION

How can we reinforce each other? How can we exchange experiences?

Suggestions for:

- Professional training
- The YHC nurse versus other professionals
- Association of YHC nurses