



# NURSES IN ESTONIA

EUSUHM 2015

# Nursing education:

- Professional higher education, 3,5 y curricula (2 healthcare college)  
[http://ttk.ee/public/Basic\\_nursing\\_study\\_programme.pdf](http://ttk.ee/public/Basic_nursing_study_programme.pdf)
- + 1 year specialization of public health nursing (voluntary programme)
- Master degree programme of nursing science (Tartu University) 2 y curricula

## Useful websites:

- Estonian Nurses Union, <http://www.ena.ee/>
- The Estonian Higher Education Quality Agency, <http://www.ekka.archimedes.ee/en>
- Tallinn Health Care College, [www.ttk.ee](http://www.ttk.ee)
- Tartu Health Care College, [www.nooruse.ee](http://www.nooruse.ee)
- University of Tartu, [www.oendusteadus.ut.ee](http://www.oendusteadus.ut.ee)
- Estonian Ministry of Education and Research, <https://www.hm.ee/en>
- Health Insurance Fund, <https://www.haigekassa.ee/en>

# The School health service

- Independent service from nurse to pupils
- Estonian Health Insurance Fund pay of pupils capitation, 3 years contracts
- 2014 y. 320 service providers in 600 schools (budget 4 million euros and 150 499 pupils)
- Guidelines to school nursing since 2004, new version 2010
- School nurse take care of pupils ages 7-19, health check ups 4 times (I, III, VII, XI classes)
- Work with risk groups (overweight, chronic diseases, risk behavior pupils)
- Health promotion, risk prevention and first aid skills

[https://www.haigekassa.ee/sites/default/files/uuringud\\_aruanded/haigekassa\\_aastaraamat\\_2014\\_eng.pdf](https://www.haigekassa.ee/sites/default/files/uuringud_aruanded/haigekassa_aastaraamat_2014_eng.pdf)

# Challenges for future:

- Needs of new guidelines
- More evidence based interventions
- Collaboration with parents, teachers and other specialists (psychologist, social worker)
- Position in society?
- Regular supervision and empowerment from employer or professional union