

# EUSUHM- Congress at Tampere-Hall

European Union for School and University Health and Medicine 6 – 9 June 2007.

Sunnary of the Congress and Evalitions

Kari Pylkkänen



Y · T · H · S  
YLIOPPILAJEN TERVEYDENHOITOSÄÄTIÖ

## Participants:

Belgium	15
Croatia	17
Estonia	2
Finland	217
Germany	5
Greece	2
Hungary	12
Macedonia	1
Netherland	11
Norway	1
Russia	10
Slovenia	4
Schwiterland	4
UK	11
<b>Total</b>	<b>315</b>

Male 18 %, Female 82 %.





## The Main Theme of the Congress

### *From Challenge to Chance – Working for the Health of Young People*

The themes of sessions were chosen emphasizing their medical relevance - not service organizations (school health, student health)

This concept was successful, professionals from both school and student health settings participated all sessions

The organizers wanted to emphasize the biopsychosocial approach to health in the structure of the programme.

# Papers

- 90 Speakers
- 10 Invited speakers
- 17 Parallel sessions
- After plenary sessions there were on for morning and afternoon 3 – 4 parallel sessions running simulate fous
- All sessions had numerous participants
- 80 Posters

# Plenary sessions

1. Timo Vesikari (Finland)  
Adolescent vaccination new opportunities and challenges
2. Eckhardt Schiffer (Germany)  
Good practices for promotion of mental and physical health in schools
3. Andre Sourander (Finland)  
Can psychosocial problems of the young generation be prevented
4. Mika Mäkelä (Finland)  
The new challenges of Asthma and Allergies
5. Bo Larsson (Sweden)  
School Based Treatment in Headache
6. Pentti Kemppainen (Finland)  
Headaches and Temporomandibular dysfunctions
7. Johannes Lehtonen (Finland)  
Mind and Body in Adolescence
8. Caroline Braet (Belgium)  
Overweight Youth: What can we do? A Multidisciplinary Approach
9. Dan Apter (Finland)  
Sexuality Education and Sexual Health Services together improve Adolescent Sexual Health
10. Stephen Garric Davies (UK)  
The Health of Young People in the Internet





## The most common themes in parallel sessions

1. Mental health
2. Overweight
3. Sexual health

## Evaluation of the congress

An evaluation questionnaire was sent electrically to all participants

-Response percentage was not very high probably because of the summer time

- In a scale of 1 – 5 the congress was evaluated as follows

	<i>Scale 1 - 5</i>
<b>General evaluation</b>	<b>4, 1</b>
<b>Papers given</b>	<b>4, 1</b>
<b>- Themes of papers</b>	<b>4, 2</b>
<b>Poster-programme</b>	<b>3, 9</b>
<b>Abstract book</b>	<b>4, 1</b>
<b>Social programme</b>	<b>4, 2</b>
<b>Invited speakers (n = 9)</b>	<b>3, 8</b>
<b>- The best invited paper</b>	<b>4, 1</b>
<b>- The weakest invited paper</b>	<b>3, 6</b>
<b>Parallel sessions (n = 17)</b>	<b>3, 7</b>
<b>- The best parallel session</b>	<b>4. 0</b>
<b>- The eakest parallel session</b>	<b>3, 4</b>



## The best evaluations of invited speakers (3/9):

- Scale 1 – 5

1. Stephen Garrick Davies (UK):  
The Health of young people in the internet 4,1
2. Dan Apter (Fin):  
Sexuality education and sexual health services together  
improve adolescent sexual health 4,0
3. Andre Sourander (Fin):  
Can psychosocial problems of young generation  
be prevented 3,9



## The best evaluations of parallel sessions - 6/17

1. Mental Health – epidemiology, risk factors and screening	4, 1
2. Mental health – new interventions	3, 8
3. Sexual and reproductive health	3, 8
4. Prevention of overweight	3, 8
5. Mental health – Psychotherapies	3, 8
6. Oral Health	3, 8




## Qualitative evaluations

- Positive comments
- This was my 7. EUSUHM Congress. In my opinion this was the best and most interesting of them all.
- I liked very much the parallel sessions categorized after different themes.
- Student mental health care was well presented in the congress.
- Very good atmosphere
- Psychiatric sessions were very interesting.

## Quantitative evaluations

### - CRITICS

- The rooms were too cold
- Some 10 min presentations suffer from too little time.
- The opening ceremony was not that well organized and a bit boring, the first speaker did not arrive in time...
- It was difficult to decide which of the many sessions to take part.
- More research especially on the systems and organizations, less clinical presentations.



***The next EUSUHM Congress will be  
held in Leiden, The Netherlands,  
Sept 23rd -26th 2009***